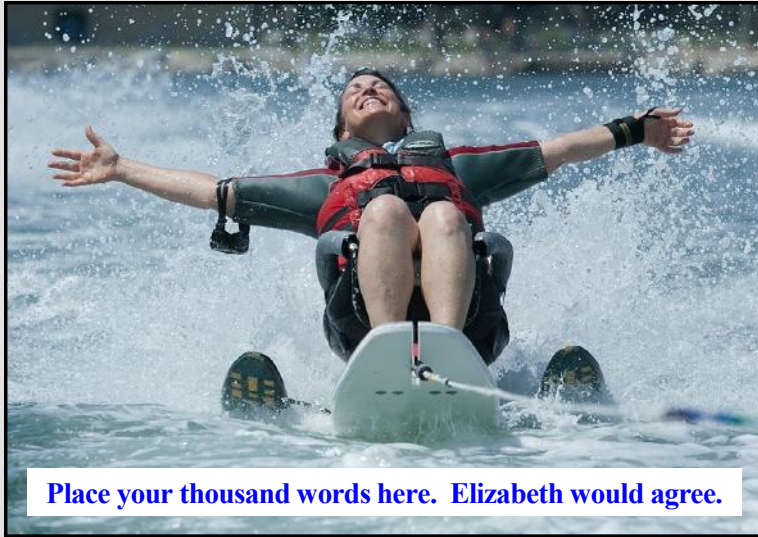




The Spirit

Winter
2019

of the United States Adaptive Recreation Center



Place your thousand words here. Elizabeth would agree.

New Home, Same Fun!

As we are well aware, Southern California has continued to languish in a drought for the majority of the past ten years. Rainfall may be in short supply, but the enthusiasm for, and smiles resulting from, USARC's programs are far from dried up, and 2018 was our biggest summer yet!

The declining lake level necessitated some changes this summer, but if there's one thing USARC staff are good at, it's adapting. Thanks to North Shore Marina, its owner Loren Hafen and manager Maria Da Re, USARC programs didn't miss a beat.

(See North Shore on pg. 3)

Volunteers and Skiers Wanted!

Remember winter? If the answer is no, don't worry, neither do we. Still, the question on everyone's mind remains, "is this the year that things turn around?" NOAA is predicting more moisture than "normal" but we'll stick with the standard reply that Mother Nature is fickle and we will have an answer for you in about six months.



Bob has Sloan all poncho'd and Go-Pro'd out in her bi-ski.

While we keep hoping for a big winter to help fill the lake up, we also have some of the most reliable snowmaking technology in the industry to ensure nice snow conditions, even if under persistent sunny, blue skies. If the valley is cloaked under a big powdery blanket of natural snow on top of it, then even better!

If you are interested in taking a lesson as a **PARTICIPANT**, we are already booking reservations, so be sure to call (909-584-0269) soon to secure yours, knowing that space is limited and that the holidays and weekends fill up quickly.

(See Volunteers on pg. 6)

Ski-A-Thon 2019

Mark your calendar for Big Bear's premier winter FUNdraiser, returning to the slopes of Bear Mountain (and Snow Summit) on Saturday, March 9, 2019. Come up and go skiing or boarding as you support USARC.

Participants receive a lift ticket with line cutting privileges at Bear and Summit, a goody bag, t-shirt, après-ski party, opportunity drawing ticket, plus a chance to win a Big Bear Mountain Resorts anytime pass! Plus, you don't have to jump in a freezing lake in the middle of winter!



Don't miss out; start your registration and fundraising today at www.firstgiving.com/event/usarc/skiathon2019.

Thoughts from the Executive Director

While speaking to our P2P24 riders this year, I began to remember a long, long time ago in a body and fitness level far, far away, I was fortunate enough to explore parts of many countries, including this one, from the saddle of a bicycle. Over many days, weeks and months, I pedaled along roads of all types and levels of repair or disrepair, through weather varying from dry, hot and

dusty to barely-above-freezing rainstorms, into relentless and malevolent headwinds and up seemingly endless mountain inclines.

I vividly recall one particular climb, to the saddle of Wyoming's Powder River Pass, during a west-to-east trip with my brother. It was one of those ascents where no matter how far you could see down the road, it just kept going up, up, up. Along the straight-aways, up, up, up it went.

Rounding each bend, up, up, up. Ineluctably, up, up, up.

I could elaborate on my mind games justifying my similarity to Sisyphus himself, like when using the vertical pine tree next to the road to gauge the incredibly steep incline (it wasn't steep), or swearing I heard the telltale sibilant as my tire was going flat (it wasn't), or remembering I was still in my big ring (I wasn't). But I won't feed your schadenfreude.

After my 42nd "what was I thinking" moment, and with my brother beside me as encouragement, I began to realize that rather than view this nearly two-mile tall massif as an unconquerable monster, it was instead just a whole bunch of single, little revolutions of my cranks with a summit at the end. That must have helped do the trick because suddenly, after hours and hours and hours climbing on a mountain bike loaded with 30 pounds of gear, we reached the summit at a skosh under 10,000 feet. Woohoo! Yay, at least it was all downhill from there. At long last, my reward: gravitational nepenthe.*



Tom Peirce
USARC Exec. Dir.

My point here is what I related to our Peakers this past October; namely, that at the end of the day many of us get to leave our challenges behind, whereas others in our USARC family do not have that same opportunity. Yet there remains a commonality among us to not just throw up our hands and surrender to the difficulties we encounter, but rather to think it through, visualize the end

game, break down the challenge into small, manageable moments or tasks, and to lean on the person or people there with you.

It is that same formula that has made the USARC so successful these past three

decades, and what is ostensibly paraphrased in our multifaceted mission statement. You receive this newsletter because for one reason or another, or perhaps one person or another, you are connected to that mission. As we move ahead into this winter and our fourth decade, I am grateful for that connection. Thank you.

* **MEMO TO SELF:** Next time, ride over the Powder River Pass in a westerly direction. It turns out that the eastbound road does NOT follow one canyon downhill all the way to the prairie, but instead undulates up and down over multiple valleys and ridgelines!



United States Adaptive Recreation Center

ADMINISTRATION

Tom Peirce, Exec. Dir.
Shelly Egerer, Admin. Asst.
Sara Rosell, Programs/Outreach

BOARD OF DIRECTORS

John Mattos, President
Fred Liebel, Vice President
Bill Webster, Treasurer
Art Kreitenberg, M.D., Secy.
Bruce Allen
Brian Harvey
Maridith Janssen
Jeff Lapin
Windy Sirignano
George B. Stoneman, M.D.
Jay Vickers

ADVISORS

David Briery
David Kiley
Kelle Malkewitz
Warren Miller
Hal O'Leary
Sallie Pritchard, Founder
Carol Schuller
Tom Sullivan

Post Office Box 2897
Big Bear Lake, CA 92315
(909) 584-0269
mail@usarc.org

IRS Tax ID# 95-3872771

WWW.USARC.ORG



P.S.I.A. 
Certification
Scholarships
USARC instructors can apply for reimbursement if they pass their PSIA certification exam. Please see Sara for details.



Thank You!

- Scott Adler
- Don Brannon
- Dan Brown
- John Brown
- Taylor Brown
- Jack Cooperman
- Ryan Dawgiewicz
- David DeGraw
- James Divine
- Claudia Flores
- Julius Garcia
- Vanessa Gardia
- Sara Gordon
- Samuel Gracia
- Bobbi Hazelton
- Karen Horst
- Lacey Huskey
- Katheryn Jann
- Marty Kerpil
- Caryn Krasne
- Jason Lee
- Soo Lee
- Benjamin Lu
- Jim MacLeod
- Samantha Malz
- Kim McRae
- Tosh Neminsky
- Elaine Nguyen
- Dave Norman
- Jim Ortiz
- Zoey Reinach
- Windy Sirignano
- Brenda Spence
- Shad Tavares
- Rachel Taylor
- Denise Terrell
- Ernie Thompson
- Natalie Van Hamersveld
- Paul Van Wig
- Vance Vargas
- Melody Wu
- Luz Zavala

The USARC is grateful to these 2018 summer volunteers for helping our program be a safe, fun learning adventure for all.

North Shore Summer (cont.)

The new venue, close to the west end of Big Bear Lake, featured a warm, uncrowded, sandy beach, as well as new views of Castle Rock and the San Gorgonio range beyond. Plus, the generally lighter winds in that part of the



Allison and Paul testing a pedal-powered Hobie kayak!

valley kept the water as smooth as possible, which is not always easy on a touristy summer lake!

As climate change continues to rear its ugly head, as evidenced by yet another summer of record-breaking heat

averages, the mountains remained an oasis of cooler temperatures along with their stunning beauty and fresh air. Even when a monsoon thunderstorm

rolled through, with its spectacular show of thunder and lightning (trying to help replenish the lake waters) it left behind the fresh, tangy scent of sage and pine perfuming the air.



Jim carving a ramp, showing off his surfing style and roots.

Along with the tireless and selfless

volunteers who spent some of their precious summer days to help USARC's athletes, and the support of Steve Fengler and his crew at Big Bear Marina, the good folks at North Shore Marina proved what caring people and



USARC's summer programs are a family affair.

businesses can do when they believe in a life-changing cause like USARC.

No matter what this coming winter holds in store, as long as there is water in Big Bear Lake next year USARC will be afloat once again, and we hope you will join us wherever we are.

From “Beach” to Mountains, Emily “Intern” Hammond



Sitting down, a rare moment in any USARC intern’s life.

As I started looking for somewhere to do my internship, I never imagined I would find a place like USARC. I only knew one thing: I needed to find an internship that combined my love for the outdoors with my major, recreation therapy.

Once the program began, I knew without a doubt that I was where I was meant to be. I loved that I could share my passion with our participants and see them accomplish activities that they never thought they could. One of the things that I love most about USARC’s program is the joy and empowerment it brings to all the participants. There were so many moments throughout this summer where I would watch their reactions as they succeeded at something new and I would think to myself, “this is why I am doing what I do.”

USARC provides a lot of fun activities, but more than that, they are helping each participant feel empowered in the activities as well as in their lives. I saw firsthand so many moments when participants would not want to try a certain activity because they thought they could not do it and then watch the pride when they would succeed.

Those are the priceless moments that I will always remember. It is an incredible experience to have someone believe in you and help you achieve your goal, and that is exactly what USARC does for their participants. I will forever be grateful to everyone at

When my supervisor at Cal State Long Beach (BEACH) found out which aspect of the field I was interested in working, she told me I had to apply to this program called USARC located in Big Bear. When I first heard Tom tell me about their summer program, I could not believe my ears; it was as though they made an internship that included all of the activities I love!



Emily was definitely SUP-er woman this summer; just ask Johnny and Sarah.

Growing up near the beach, I have always had a love for the water and would spend most of my time in it if I could. Getting the internship at USARC meant trading the beach for mountains and trading saltwater for fresh lake water. Even though I was only two hours away from home, it made me nervous to move somewhere where I did not know a soul. I was used to being around my family, not being alone; however I soon realized that I was not alone at all.

USARC for the opportunity to join such an inspiring program. I was beyond lucky to be a part of a program that makes improbable activities possible for our participants.

The USARC staff and volunteers welcomed me as one of their own and I saw that I had gained a new family right in Big Bear. I also realized that as the intern I took on the role of the younger sibling who had a lot to learn and who received the chores that no one else wanted! Despite the many jokes made at my expense, I would not have been able to get very far without everyone’s help and support.

Thank you for opening up my world to the outdoor adventure side of recreation therapy and for a great start to my career as a recreation therapist!



It’s a dirty job... Emily after a USARC summer camp skit.

P2P24: Easy? Breezy! Wheezy...

FACT: Anyone who has ever ridden a cycle of any kind knows that there are no such things as never-ending tail-windy down-hills. On top of that, there's an old adage that goes, if it was easy, everyone would be doing it! That concept has always applied to USARC's annual fall fundraiser, the Peak to Peak Pedal, and this year's 24th iteration of the ride showcased that particular saying in spades.

It is worth noting that P2P has always been about challenging oneself to do as much as one can, regardless of the number of miles ridden or the amount of elevation gained. The fact is that some years are simply tougher weather-wise than others. For example, whereas P2PX was noteworthy for its almost ceaseless daily tail-winds, even while riding uphill, P2P24 was a "tad" at the opposite side of the spectrum. Of course, the positive spin is that temperatures were downright perfect. And that, dear friend, is called a silver lining.



What do you need to have fun on P2P? Childlike enthusiasm!

Speaking of silver, reports are that a LOT of riders skipped this year so they could ride 2019's Silver Anniversary P2P25, but for those that aren't obsessed with square roots, this year's event was, headwinds notwithstanding, downright golden.

Bright yellow sage blossoms cheerfully embraced road shoulders, Mt. Whitney's monolithic flanks glowed warmly in the early morning autumn sunlight, and shimmering amber aspen leaves waved riders onward as they both left and re-entered the mountains.

Among P2P24's nearly two dozen riders were many new "Peakers" who were warmly welcomed by longtime riders with five or ten years, and even 24 years, of experience on the ride. All riders agree that what makes Peak to Peak so special is the sense of family and camaraderie that develops among this very exclusive club of adventurers.

Yes, P2P24 was a challenge, but there were also enough bonding moments and unique achievements that occurred among these amazing riders and volunteers over those days to help assuage any aches and pains.

Hopefully you will join us for the first time(or again) next year for this transformative experience for each rider and every USARC athlete they support through their efforts.

You are invited to the P2P24 slideshow/reunion party in April, and look for the P2P24 top fundraisers and H.A. trophy winner in the Summer 2019 newsletter.



Five days and 335 miles later, they were all still smiling.



Athlete Profile: Tina Walpole

Tina Walpole is somewhat of a staple in the USARC family. She has been involved since 1998, and has participated in virtually every Ski-A-Thon since. Her love of skiing is contagious to those who are lucky enough to ski with her. She has also been a great advocate for the USARC, bringing along other athletes like her good friend Charles and then later, Charles' brother Harold. We enjoy Tina's company so much, we'd thought we would share her with you.

The Spirit (TS): When did you first come to USARC?

Tina Walpole (TW): USARC was my first adaptive experience and that was around 20 years ago!

TS: How has USARC affected you personally?

TW: Participating in adaptive recreation with USARC has always been an amazing experience. Home and work are often rewarding but life can also throw you



Charles and Tina get tubed in Big Bear.

curve balls and be very stressful. The skills I learn at USARC helps me handle those challenging times.

TS: What do you do for a living?

TW: I'm in my 23rd year of teaching for Los Angeles Unified School District where I teach 4th grade.

Volunteers Wanted! (cont.)

We'd love to count you among the volunteers who are the life's blood of USARC. **FREE TRAINING** and **WONDERFUL PERKS** are provided. **NEW** volunteers must attend four days of training (December 13-16 or January 10-13) whereas **RETURNING** volunteers in good standing can attend a two-day training (December 10-11, December 15-16, January 12-13).

NEW THIS YEAR are optional "down-the-hill" meetings (located in Long Beach or Pomona) intended to orient prospective, or returning, volunteers and help them understand the program requirements and benefits.

In return for teaching, which most volunteers agree is ample reward in itself, each volunteer receives one



Tina loves ski hyphens (just add water-, bi- and -A-thon.)

TS: Water Skiing or Snow skiing?

TW: Snow skiing is my favorite. However, water skiing is a close second. I also once got to do downhill mountain biking and I enjoyed that too.

TS: Favorite lesson so far?

TW: Every lesson has been beneficial to me; I couldn't pick a favorite. I learn so much from every instructor.

TS: If you were able to retire, what would you do and where would you go and why?

TW: New Zealand! I like to apply what I have learned at USARC and ski in a different hemisphere. It would be great to snow ski all year long! Plus I would take my parents with me. Also, I would volunteer at schools.

TS: You are a new crayon; what color are you and why?

TW: Bright red with flecks of gold glitter. First, that mix I think fiery aggressiveness and when I am in that mood, I take in a lot from life. Red and Gold are also my favorite NFL team. Yes, it's been a while since we've had a winning season, but I am no fair-weather fan!

TS: Nuff said, bring on the bad weather! Thanks Tina.

transferable lift ticket voucher (valid at Bear, Summit, Mammoth and June) for every day they teach, 50% food

discounts when teaching, and eligibility for Far West Ski Association (FWSA) trips and events (now that USARC is an affiliate ski club).



Mono-maestro, Fred.

Don't wait! Call (909-584-0269) for an application or more information, and then start doing your snow dance!

The USARC proudly salutes these 2018 fiscal year donors!

If your donation between 7/1/17 and 6/30/18 is not listed please accept our apologies and contact us so we can correct our records.

Anonymous
Boeing Employees Community Fund
California Dept. of Boating and Waterways
Disabled Sports USA

Griswold Industries
Dan Murphy Foundation
Norris Foundation
San Manuel Band of Mission Indians

City of Big Bear Lake
Marilyn Capel

Frank Elliott
Kelly Emling

Griffin Dewatering, LLC
Jay Vickers

Robert & Cynthia Allen	Frieda C Fox Family Foundation	David & Kelley Kupfer	John Price
Anonymous	Lisa Good	Jeff Lapin	David Rader
Archer-Johnson Foundation	Linda Griffith	Fred Liebel	Will Rahill
Carolyn Baker	Donna Halpin	John & Tamara Mattos	Elizabeth Robertson
Big Bear Lake Rotary Club	Bobbi & Raymond Hazelton	Morris A. Hazan Family Foundation	Jon Rotn
Tricia & Glenn Bland	Maria Hillman	Network For Good	Sidney Stern Memorial Trust
David Briery	Douglas & Sondra Jameson	Dave Norman	Special Children's League
John Bruechle	Jameson Research Foundation	Northrop Grumman - ECHO	Gary Steube
Mary Danner	Maridith Janssen	Harry Pearce	Brian Sturz
Charles Feldman	Robert L. Johnson	Jay Peirce	Valassis Direct Mail, Inc.
Frederick R. Weisman Foundation	Arthur Kreitenberg	Prewoznik Foundation	Allison Van Wig

Patricia Amesbury
 JoAnne Apodaca
 Alan Bell
 Heather Burke
 Paulette Campbell
 Frank Christensen
 Claire Coleman
 Tommy Courtney
 Derek Couse
 Coutts Heating & Cooling
 Bob Cuevas

Denice Eales
 Electrical Management Systems
 Foothill Engineering & Dewatering
 Stephen & Maureen Goldsmith
 Sandra Gurijala
 Mark Hanlon
 Jim Holloway
 Nili Hudson
 Barbara & Gary Lee
 Lucerne Valley Self Storage

Kelle Malkewitz
 Lucy Martinez
 Bridget & Keith Mattos
 Eric Mauldin
 Elizabeth Mellor
 Mark Mendoza
 Mesa General Engineering
 Daniel Miller
 Mitsubishi Cement
 Tracy Moore

Cindy Moran
 Mike Moran
 Scott & Melissa Murfey
 Olsson Construction
 Orange Council Of Ski Clubs
 P. & F. Distributors
 Carolyn Peirce
 John R. Price
 Pricewaterhousecoopers
 Dave Rosell

Jeffrey Rosenbluth
 Rebekah Ross
 San Diego Council F.W.S.A.
 Robert L Schmitt
 Tim Smith
 Brooks Tuttle
 Heather Tuttle
 Tina Walpole
 William Webster
 Mike Wrob
 Victor Zamudio

Judith Adelson	Theresa Chambers Stolte	GE Foundation	Shirley Kelliecutt	Cindy & the Boyz Miles	Linda Pratt	James Snyder
John Alderete	Albert Chan	Bernadette Geuy	Kathryn Kelly	Bruce Miller	George Prince	Robert Soldo
Polly Alemanni	Will Chelsom	Daniel Gieling	Lauren Kerr	Carol Miller	Pure Effect, Inc.	Mark Solorio
Harold Allen	Henry Chin	John Gildner	Ken Klein	James Miller	Ray Pynn	Fred Storenson
Alliance Bernstein	Claude Chirico	Paul Glass	Michele Klein	Daniel Mitrovich	Peter Ramirez	William E. Stein Jr.
Altfillisch Contractors, Inc.	Ken & Shale Ann Cluff	Holly Goldman	Allen Klicka	Joe Mittelman	Beta Rappleye	Karl Stewart
Michael & Alessandra Alves	Donna Coleman	Karen Goodsell	Kay Kobayashi	Jeffrey Monical	Beth Rautiola	George Stoneman
Cynthia Anderson	Douglas Coleman	Dixon Gray	Lindsey Kohler	Juana Montgomery-Kleiman	Elizabeth Reddy	Dan Stormer
Donna Anderson Reihis	Kate Connell	Steven Grinnell	Michelle Kollenda	Adamo Montana	James Reddy	Jerry Sullivan
Apple	Crisann Conroy	Oliver Guenette	Mary Kriebel	Karen Mora	Rosemary & Randy Rentschler	Tracy Sullivan
Applied Materials Company	Terri Cook	Daniel Gunderson	Kroger, Ralphs Grocery	Matthew Moss	Lynn Reynolds	Kathleen Swanson
Chris Armer	Cool Cabins	Meredith Gunn	Dale Kupfer	Mark Muckenfuss	Tom Rhodes	Russell Swartz
Thomas Arranaga	Kelli Corcoran	Dale Gustavson	Russel Lack	Debbie Muller	Roy Rickli	Jason Szekeres
Linda Asato	Mike & Joanie Cramer	Karen Hamlin	Carla Lala	James Narron	Kristine Rietze	Tammy Tatreau
Asj Industrial Hose	Mario Cristiani	Hanlon Engineering, Inc	Jim Lavin	Jason Natanson	RKW Holdings, Inc.	Cate Thero
Laurel Austin	Diane Davis	Diana Harder	Kam Lawrence	Breann Nestorowski	Keith Rochelli	Lynn Tollakson
Leticia Avalos	Aurore de Ferry	Ryan Harvey	Ewa Leonard	My Nguyen	David Rodriguez	Collin Trussell
Rose Marie Baird	Vicki Dean	Stephen Haver	John Lightfeldt	Ken Noonan	Sharon Rosell	Sara Tully
Scott Baker	Aimee Debyah	Deanne Hazelwood	Doug Locke	Catherine Ohl	Andrew Rosenfeld	Shauna Valenzuela
Balboa Ski Club	Sheila DeLuca	Heidi's Consignment	Bob Lombard	Erica Olsen	Edward Rosenfeld	Varian Company Match
Steve Barker	Tracy Deshler	Barbara Helfing	Robert Lovingood	Laurie Omalley	Myron Rosenfeld	Eric Vasiliauskas
Bear Valley Plumbing/ Heating	Alan Devault	David L. Hendrickson	Corey Lyon	One Source Distributors	Silas Roth	Efren Vasquez
Ardis Beckner	Toni Dickson	Hendrickson Brothers Store	Carolyn Malkewitz	Jade Ong, DDS	Nick Rowson	Elva Vasquez
Charles Bell	Tanya Dobyms	Scott Hepner	Jeff Marchant	Optimist Club	Ed Sanborn	Christy Vieira
Randy & Bobbie Benson	Robert Donovan	Suzette Hessler	Sally Marceyo	Thomas Orbison	Louis Santos	Connie Wadley
Big Bear Friends	Lisa Dreher	Douglas Heynen	Tony Marraccino	Jim Ortiz	Judy & Bob Scheinberg	Dee Walker
Selah & Tanya Binno	Sean Eckstein	William Heynen	Margaret Martin	Heather Otwell	Gary Schlenz	John B. Walker
Alison Bishop	Curt Edmonds	Jackie Hilton	Linda Martinez	Philip Padilla	Philip Schmidt	Christina Walsh-Curley
Art Bishop	Thomas Elder	Susan Hilton	Laura Matsumoto	Peter Pallette	John Schrey	Daniel Warner
Cody Bishop	Kathy Eskander	Barbara Hodge	John Matteson	Nancy Paolino	Karen Schrey	Tina Weidenkeller
Alex Blanc	Jeffrey Fiddler	William Hogan	Jessica Mattos	Alma Paplauskas	Mark Schrey	Betsy Weinberger
Allen Blodgett	Robert D Fischer	Tommy Hollenstein	Fleming Mauney	Karen Park	Sheridan Schuster	Sandra Weiss
Peter & Annette Borisavjevic	Maureen Flanagan	Jayne Hurst	Fred May	Luca Pascolini	Amy Scobey	Jana Wells
Holly Boyer	Bonnie Forsyth	David Hutchinson	Allyson Mayo	Perry Pavlina	Sanjay Sen	Jane Whitten
Patrick Boyle	Lisa Fox	Kenneth Ibbetson	Kristen McAlister	Paige Payne	Adam Sharp	Paula Wilson
Rocky A. Brown	Alexandra Franklin	Alessandro Isaacs	Joe McCoy	Tom Peirce	Bob & Mel Shea	Karen Witt
Sandra Burk	Paul & Maria Franzetti	It's All About the Girls	Melissa McFedries	Kevin Petersen	David Sherman	Mary Wolf
Cole Burr	Karen French	Michelle Jameson	Ruth McLoy	Marian Petrole	Thomas Sirignano	Cassie Woods
Tom Caldwell	Anita Fung	William Johns	Mechanists/Aerospace #1484	Jeremy & Chris Plum	Windy Sirignano - Bear	Laurie Woodward
Ken Calvert	Doris E. Garcia	Margaret K. Johnson	Robert Meissner	Dov Pollack	Valley Wellness	Fiona Young
Corey Capece	Joseph Garcia	Ellen Johnston	Sarah Mellor	Laurie Porter	Robert & Melinda Skalka	Murray Zichlinsky
Glenn Carlson	Juan Garcia	Brieana Jones	William J. Mellor	Patricia Porter	Susan Slesinger	Tom Ziola
Diane Ceja	Kathy Gardiner	Liz Keim	Brian Menish	Kathy Portie	Debra J. Smith	Marjorie Zornes
			Edward Merlo			

How can I help USARC?

Since this is an oft-asked question we will continue to run this page in every newsletter because, quite frankly, YOUR options are numerous. In addition to volunteering, there are many ways to financially support the USARC!

DONATE ONLINE IN YOUR NAME OR AS A TRIBUTE TO A LOVED ONE

Clicking on the logo below, or via the Donate Online tab on the USARC website, www.usarc.org, will take you

to a secure and reliable website where you can use your credit card to make a tax deductible donation in your name or in recognition of another.




PARTICIPATE IN THE ANNUAL SKI-A-THON OR PEAK TO PEAK PEDAL

Under the Support tab at www.usarc.org are the web pages for these respective special events. Held annually in March and October, respectively, these unique and fun events allow you to support the USARC while engaging in activities they love, be it snow sports or cycling!



SHOPPING PARTNERSHIPS

The USARC can be named as your partner when you shop at numerous retail outlets, at both online and “brick and mortar” stores. AMAZON’s charitable arm (www.amazon.com), and a variety of online retailers you can find through www.igive.com and www.escrip.com allow you to select the USARC as a beneficiary of your shopping forays.

If you patronize **RALPHS**, MACY’S,  and many other retailers, you can select the USARC to receive a portion of your purchases.

PLANNED GIVING IN YOUR WILL OR TRUST

The USARC can be named as a beneficiary in your estate planning, enabling you to support the important and life-changing programs of the USARC well into the future. Consult your tax and legal professionals or call the USARC and we can put in you in touch with somebody to guide you through the process.

DONATE YOUR OLD CAR, BOAT, RV ETC.



Cars, trucks, motorcycles, boats, trailers and RVs [donated in the name](#) of USARC are sold, with the proceeds defraying USARC’s operating costs and you receive a tax deduction! Call 855-500-7433 or click on the logo to get started.

What’s ahead at USARC?

DECEMBER

- 8 Lessons Begin for Individuals
- 10-11 Returning Volunteer Training #1
- 13-16 New Volunteer Training #1
- 15-16 Returning Volunteer Training #2

JANUARY

- 10-13 New Volunteer Training #2
- 12-13 Returning Volunteer Training #3
- 14 Group Lessons Begin
- 27 PSIA Winter Rally (Snow Summit)

MARCH

- 9 2018 Ski-A-Thon
- 19-21 PSIA Adaptive Exams (Bear Mt.)
- 23 Volunteer Party

APRIL

- TBD P2P24 Reunion Party

Tribute Donations

Barbara & Gary Lee in memory of
ROGER LEE

Margie McKay in honor of
FRED LIEBEL

ANNIVERSARY CELEBRATION
Judy & Bob Scheinberg in honor of
STEVE & MAUREEN GOLDSMITH

FACEBOOK BIRTHDAY FUNDRAISERS*
Arturo de la Cerda, Kylie Donoghue, Robin Griffin, Michael Griffin, Joe Howry, Jamie Johnson, Sarahlee Mansker, Rebecca Martin, Michelle Martin, Jodie McIlvain, Alisa Moore, Kylie Morris, Jamie Roche, Bridgette Tolerton in honor of
SARAH HOWRY

Deanna Guzman, Irma Martinez, Kathryn Sanders, Chris Skaggs, Jamey Starcher in honor of
CASSIE WOODS-PEIRCE

Josie Drury, Brandon Kim, Daisy Woodward in honor of
LAURIE WOODWARD

Andy Aguilar, Shelly Fitch, Creshea Hilton, Travis McCaffrey in honor of
JULIANNE LOUISE

Mike Manness in honor of
BRIAN RIDDLE

Stan & Dee Schreier in honor of
AMANDA EGERER

Brandi Armstrong, Kristy Cronkrite, T Lang in honor of
ELWYN CIOCAN

***Call USARC for info how to do a Facebook Fundraiser!**



**A
HELMET.
IT'S A
SMART
IDEA.**

Ski or ride
RESPONSIBLY -
it's **PRIORITY
NUMBER 1.**

Helmets are a
second line of defense!

Helmets can
**REDUCE
HEAD INJURIES**
by **30-50%.**

Wearing a helmet is
**NOT A REASON
to take more risks.**

Ride as if you are not wearing one!

Helmets provide the
MOST PROTECTION
at **SLOWER
SPEEDS.**

Check your speed!

Helmets only work
when **PROPERLY
FITTED**
and the **CHIN STRAP
FASTENED.**

FOR MORE INFORMATION GO TO WWW.LIDSONKIDS.ORG

