

YOU are invited to the United States Adaptive Recreation Center 2021 Summer Program!



The United States Adaptive Recreation Center is preparing another summer of fun and adventure, offering instruction in water skiing, fishing, sailing and paddle sports. In addition to the successful two-day, two-night program format of past summers, we are once again offering single day participation in water skiing, paddle sports, fishing and nature walks. For water contact sports, swimming ability is not necessary, but all participants must wear a flotation vest and be able to hold their breath and right themselves from a face down position in 10 seconds, we will require you to confirm this at the time you make your reservation. However, for safety reasons, participation may be limited or prevented due to certain disabilities or other factors.

USARC's Covid-19 update for Summer 2021: Masks will be required where practical and safe. USARC will update COVID19 policies as necessary.

If your **2021 annual registration fee** is not current, please be prepared to remit payment within two weeks of making your reservation(s), payable by credit card or check. USARC's annual registration fee is valid for the calendar year. Annual registration Fees are **\$35 for individuals, \$50 for families & \$100 for groups. All lesson fees are due in full, and are non-refundable one month prior to your reserved date.**

"USARC gives me the ability to participate in a sport with my family!"

WATER SKIING & PADDLE SPORTS DAY SESSIONS \$135.00 per person

The USARC offers single-day sessions (ON WEDNESDAYS AND THURSDAYS) focusing on water skiing and paddle sports. A group booking an entire session may substitute activities; if this interests you, please call as soon as possible for details and policies. Please arrive at North Shore Landing to begin your activities. Day sessions begin at 8:00 a.m. and end at 3:00 p.m., with a one-hour lunch break from 11:00-12:00 (lunch is not provided during day sessions).

Day Sessions: July 7, 8, 14, 15, 28, 29 August 4, 5, 11, 12, 18, 19, 25, 26

***New This Summer* PADDLE SPORTS & FISHING/NATURE STROLL N' ROLL DAY SESSIONS \$40.00 per person**

The USARC offers single-day sessions (ON TUESDAYS) focusing on paddle sports and fishing or a nature walk along beautiful Big Bear Lake. If this interests you, please call as soon as possible for details and policies. Please arrive at East Launch Ramp to begin your activities. Day sessions begin at 8:00 a.m. and end at 3:00 p.m., with a one-hour lunch break from 11:00-12:00 (lunch is not provided during day sessions).

Day Sessions: Paddle Sports & Fishing July 13 & August 10 Paddle Sports & Nature Stroll n' Roll July 27 & August 24

"We love the program! The staff and volunteers are very friendly and knowledgeable and make the participants feel as if they do not have disabilities. Thank you for helping the participants experience success, which can be difficult in their day-to-day lives."

OVERNIGHT SESSIONS \$300.00 per person



Based at Serrano Campground in Big Bear Lake, these sessions feature instruction in the above water sports activities combined with an accessible camping experience at night. Serrano Campground's accessible toilets and showers, as well as some paved surfaces, blend some necessary conveniences with a wilderness experience, and electrical outlets are available in nearby facilities. Still, an element of rugged individualism should be expected!

Unlike the USARC winter program, non-disabled family, friends, and aides of those participants with a disability are welcome, and required to pay the fee, yet may participate fully. Due to space and other factors, **non-paying guests may not attend.** Fees include a campfire snack on the first evening and all meals through lunch on the last day, camping fees, permits and licenses, instruction and use of all water activity equipment.

Among other personal items, participants must provide their own sleeping bag and a washable or disposable place setting (cup, plate, bowl, utensils).

Daily transportation to and from Serrano Campground is not provided by USARC. Taxi service is available with Big Bear Taxi (909-866-TAXI) or Off Road Adventures (909-585-1036.) Overnight sessions begin at 5:00 pm on the first date at Serrano campground and conclude at 4:00 pm on the last date at North Shore Landing.



Overnight Session 1: July 18-20 (Sunday – Tuesday) Overnight Session 2: July 21-23 (Wednesday – Friday)

"USARC offers an extremely valuable program and this is a very unique resource for the disabled. It is hard to imagine alternatives if this program did not exist. It is the only program within SoCal that offers the range of options, well managed and overall tailored for the specific needs of all disabilities. Thanks for being an awesome community resource. USARC services are extremely valuable to our entire family, it allows us to enjoy outdoors together. Thanks!"